

**Uniting Divine Sistahs
Fall 2018 Executive Board Application**

“Any time women come together with a collective intention, it's a powerful thing. Whether it's sitting down making a quilt, in a kitchen preparing a meal, in a club reading the same book, or around the table playing cards, or planning a birthday party, when women come together with a collective intention, magic happens.”

— Phylicia Rashad



**Fall 2018 Program
Hosted by Texas A&M University's
National Pan-Hellenic Council Sororities**

ONLY TURN IN THE APPLICATION PAGE AND THE TYPED ANSWERS TO THE QUESTIONS

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Description of the Retreat:

The “Uniting Divine Sistahs” retreat is dedicated to empowering African American women of all classifications at Texas A&M University by providing culturally relevant information. The “Uniting Divine Sistahs” retreat is designed to educate African American women on challenging typical gender roles, leading in diverse organizations, healthy body image and effective goal setting skills. In doing so the retreat will aid students in their ability to encourage social change, build camaraderie among other women, and develop networking opportunities among women from diverse backgrounds.

Retreat Goals:

- 1 Improve self esteem
- 2 Develop a personal action plan for success
- 3 Coordinate integration of underrepresented women into mainstream organizations
- 4 Generate opportunities for African American women to share effective strategies to utilize as a student on a predominantly white campus
- 5 Provide a non-authoritarian learning environment which values student ideas and encourages open exchange of information and opinion

Retreat Learning Outcomes:

Students will be able to:

- 1 Communicate values, needs, and boundaries effectively
- 2 Demonstrate willingness to address challenges and pursue opportunities
- 3 Integrate complex information from a variety of sources including personal experience to form a decision or opinion
- 4 Develop a vision for professional/personal growth congruent with one’s passions, values, and skills
- 5 Articulate the advantages and challenges of a diverse society
- 6 Understand the effect of one’s personal educational goals on others

Retreat Overview:

The “Uniting Divine Sistahs” retreat is a two day out-of-town retreat. Attendance to this retreat is exclusive and highly competitive, offering the opportunity to 50 top applicants. The attendants to the retreat will be selected based on level of motivation, commitment to self-improvement, desire to participate, and the ability to maintain a level of professionalism throughout the entire retreat.

The attendants selected will attend seminars and breakout sessions with a predetermined group of women. These smaller groups will serve as break out groups designed to promote and encourage intimate conversation on predefined topics, each led by a current member of NPHC sorority and Aggie Alumni. Each seminar will discuss topics such as gender roles, leadership in mainstream organizations at Texas A&M, healthy body image and effective goal setting.

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Expectations of Retreat Facilitators:

- 1 Pay \$45 registration fee which will cover all resources, meals, transportation, and lodging
- 2 Be actively engaged in all activities
- 3 Lead small group discussion
- 4 Help get retreat participants involved in activities
- 5 Attend all seminars and breakout sessions
- 6 Adhere to the philosophy of a community of respect
- 7 Abide by all hotel and Texas A&M Student Code of Conduct Rules and Policies
- 8 Complete all necessary travel information prior to leaving
- 9 Attend committee meetings on **Tuesdays** at designated times in Koldus 226C
- 10 HAVE FUN!

Compliance Deficiency

Failure to comply with these expectations may result in the immediate termination of your attendance at the retreat at your expense.

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Please TYPE or PRINT in ink.

T-Shirt Size

Last First MI UIN

Local Address

Local Phone Alternate Phone Classification Major

E-mail Cumulative GPR

Emergency Contact Name Emergency Contact Number Relationship

Please type your responses and attach to this form:

1. Rank your top five strengths in order (greatest to least) and explain your rationale for the ranking.
2. What do you think you can contribute to the program?
3. Briefly describe the role of African American upper-class women at Texas A&M University.
4. If given the opportunity to mentor, how would you invest in the role (what are some things you would do)?
5. What do you think is the greatest challenge facing college-aged African American women on campus? In society?

This constitutes my consent and authorization to disclose any relevant information to the appropriate parties for the “Uniting Divine Sistahs” retreat concerning my character or academic status for determination of my suitability for attendance. I also affirm all information on this application is correct and give permission for verification.

Signature

Date

Application Due Date: Friday, April 13, 2018 by 5 p.m. to Sade A. Dawson, NPHC Advisor or Alex Square, Administrative Coordinator in the Office of Fraternity & Sorority Life located in the **John J. Koldus Building, Suite 224**. If you have any questions, please contact **Sade A. Dawson** at saded@stuact.tamu.edu.

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